

Four weeks

During this visit, you will be meeting both a nurse and a physician. To ensure that your child is fine, we will perform a general health check, look at your child's development, weight, length and head circumference. We would also like to hear how you, as parents, are feeling and what it has been like since you brought your child home.

Think of any issues you would like to bring up during your visit to the BVC

Do not forget to bring your child's health book!

To find out more about children's health and development, go to www.1177.se (the pages on children and parents).

Two months

During this visit, you will be meeting a BVC nurse. To ensure that your child is fine, we will perform a general health check, look at your child's development, weight, length and head circumference. The visit will include time for questions and discussions around parenting and the needs of the child.

Think of any issues you would like to bring up during your visit to the BVC

Remember to bring your child's health book!

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Three months

During this visit, you will be meeting a BVC nurse. To ensure that your child is fine, we will perform a general health check, look at your child's development, weight, length and head circumference.

At three months, your child will be offered a first vaccination against diphtheria, tetanus, whooping cough, polio, haemophilus influenzae and pneumococcal disease. Vaccination against hepatitis B is offered to children of parents who come from countries where hepatitis B is common. Parents who would like to vaccinate their infant against hepatitis B, but do not belong to the risk group for the disease, can receive the vaccination from the BVC against a fee amounting to the price difference between vaccine with and vaccine without hepatitis B.

The vaccination is delivered in two injections, one in each leg. There is a stinging sensation for a moment, but it passes quickly. After vaccination, the area around the injection may become red, swollen and tender.

Think of any issues you would like to bring up during your visit to the BVC

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Four months

During this visit, you will be meeting a BVC nurse. To ensure that your child is fine, we will perform a general health check, look at your child's development, weight, length and head circumference.

Think of any questions or issues concerning the health and development of your child, which you would like to bring up during the visit.

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Five months

Now when your child is 5-6 months old, it is time to visit the BVC. During this visit, you will be meeting both a nurse and a physician. To ensure that your child is fine, we will perform a general health check, look at your child's development, weight, length and head circumference.

The visit also includes vaccination against diphtheria, tetanus, whooping cough, polio, haemophilus influenzae, pneumococcal disease and possibly hepatitis B.

It is the same vaccine that has been given to your child once before. The vaccination is delivered in two injections, one in each leg. There is a stinging sensation for a moment, but it passes quickly. After vaccination, the area around the injection may become red, swollen and tender.

Think of any questions or issues concerning the health and development of your child, which you would like to bring up during the visit.

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Ten months

During this visit, you will be meeting a BVC nurse. To ensure that your child is fine, we will perform a general health check, look at your child's development, weight, length and head circumference.

Think of any questions or issues concerning the health and development of your child, which you would like to bring up during the visit.

Remember to bring your child's health book!

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Twelve months

Your child will soon be a year old and it is time to visit the BVC. This time, you will be meeting both a nurse and a physician. We will weigh and measure your child and perform a general health check to ensure that your child is fine.

The visit also includes vaccination against diphtheria, tetanus, whooping cough, polio, haemophilus influenzae, pneumococcal disease and possibly hepatitis B.

It is the same vaccine that has been given to your child twice before. The vaccination is delivered in two injections, one in each leg. There is a stinging sensation for a moment, but it passes quickly. After vaccination, the area around the injection may become red, swollen and tender.

Think of any questions or issues concerning the health and development of your child, which you would like to bring up during the visit.

Just like us adults, children like to know what will happen. For that reason, we recommend that you tell your child about the visit and what will happen.

Remember to bring your child's health book!

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Eighteen months

Your child will soon be eighteen months old and it is time to visit the BVC. During this visit, you will be meeting a BVC nurse. We provide a general health check to ensure that your child is fine. We will check the child's weight, height and head circumference.

It is also time to vaccinate against measles, mumps and rubella, all included in one injection to the upper arm. There is a stinging sensation for a moment, but it passes quickly. The role of the parents is an important one, as you can provide a sense of security to your child by staying calm and letting the child sit in your lap and know that you are there.

One to two weeks after the vaccination, your child may have a reaction that is similar to a weaker copy of the the diseases, with a fever and a rash. The children are not contagious and the symptoms usually go away within a few days.

Just like us adults, children like to know what will happen. For that reason, we recommend that you tell your child about the visit and what will happen.

Also think of any questions that you would like to bring up as a parent.

It is important that you notify us if you are unable to come, or if you would like to change the appointment!

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Three years

It is time for the “three-year check-up” at the BVC. During this visit, you will be meeting both a physician and a nurse. The visit will take at least 30 minutes. Like previous visits, we will assess the child’s health, growth and development. We will be asking some questions about your child’s language development. We send you a questionnaire that we would like you to fill in. Please bring it with you when you come to the visit. During the visit, your child will be looking at different colourful pictures and answer some questions. It also involves drawing, jumping up and down and kicking a ball.

At 1177.se you and your child can watch a slide show about it: www.1177.se/Jamtland-Harjedalen/3arskontroll

As a parent, you know more about your child than anyone. Pre-school staff and child minders have experience of children in groups and see your child’s interaction with other children and adults. To get a diverse impression of the child, we recommend that you talk to the pre-school staff about your child’s development before the visit.

Just like us adults, children like to know what will happen. For that reason, we recommend that you tell your child about the visit and what will happen.

Also think of any questions that you or your child would like to bring up during the BVC visit.

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Four years

Your child has now reached the age of four, and part of the four-year visit is an assessment of your child's growth and development. Your child will be doing things like drawing and string pearls on a thread, as well as doing a balancing exercise. An eye examination is also included. Your child will be wearing glasses with one eye covered.

We will send you a health questionnaire that you and your child need to fill in together and bring to the visit.

Just like us adults, children like to know what will happen. For that reason, we recommend that you tell your child about the visit and what will happen.

Also think of any questions that you or your child would like to bring up during the BVC visit.

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Five years

This is the final scheduled visit to the BVC before your child is passed on to the school health service.

During this visit, you will be meeting a BVC nurse.

The visit will take at least 30 minutes.

Like previous visits, we will assess the child's health, growth and development. Your child will be doing things like drawing and using scissors, as well as attempting to jump on one leg.

As a parent, you know more about your child than anyone. Pre-school staff and child minders have experience of children in groups and see your interaction with other children and adults. To get a diverse impression of the child, we recommend that you talk to the pre-school staff about your child's development before the visit. We will send you a questionnaire that we would like you to fill in. Please bring it with you when you come to the visit.

In about a year, your child will begin school. The health examination is to ensure the best preparation for your child's school start.

During the visit, we also offer vaccination against diphtheria, tetanus, whooping cough and polio (it only involves one injection, usually to the muscle in the upper arm!)

Just like us adults, children like to know what will happen. For that reason, we recommend that you tell your child about the visit and what will happen.

Also think of any questions that you or your child would like to bring up during the BVC visit.

If you feel the need to also see a physician during the visit, please contact the BVC.

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